

6. ENDURO PRACTICE TRACKS AND EVENTS

PESR 1. Description

Enduro practice events must not involve any form of competition, mass starts, or results. These events are intended for riders to practise techniques, develop fitness, test machinery, or, in the case of beginners, become familiar with off-road riding.

PESR 2. Officials

An ACU licensed Enduro Clerk of the Course is required, along with enough marshals to safely manage the event.

PESR 3. Entries and Sign-On

Where practicable, entries should be managed through an entry system such as Sport80 to verify riders' licences. Entries on the day are permitted.

Organisers may accept on-the-day entries from non-ACU licence holders for an additional fee of £5.00.

All officials, marshals, and riders must sign on. The sign on sheet for riders must clearly mark whether the rider is ACU registered / licenced or a non- ACU licenced member.

PESR 4. Eligibility and Grouping of Riders

Eligibility and age: As per the Enduro Standing Regulations and sub-regulations (e.g., Hare and Hounds).

Groups: If there are sufficient riders, riders should be grouped according to their ability.

Adults and youths: must be separated unless youth riders are permitted to ride with adults under the Standing and Subordinate Regulations.

Guidance on Grouping of riders:

- **Adult A** – *Championship, Expert, and Clubman Enduro riders, as well as Expert and top 10 Junior Motocross riders*
- **Adult B** – *Novice, Beginners, Sportsman, Vets, and Super Vets Enduro riders, and other Junior Motocross riders, plus youth aged 14 and 15 if wishing to ride with adults.*
- **Youth** – *Youth and Junior riders as per ACU regulations. Depending on the age groups participating, a separate track should be provided for juniors aged 4 to 14.*

Note: as per Hare and Hounds Regs Group A and B can be combined.

Group Identification:

To ensure riders practise within their correct group, wristbands or a similar form of identification should be used. Random checks should be conducted as riders enter the track.

PESR 5. Course

An enduro practice track must be laid out in accordance with Enduro Regulations. Key points:

- a) The track must be suitable for the ability of riders attending.
- b) It should be clearly marked, arrowed, and taped as necessary.
- c) Directional arrows and signage must ensure all riders enter and exit at authorised points and ride in the correct direction. Riding in the wrong direction and potential head-on collisions must be always prevented.
- d) Safety signage must be displayed in accordance with the Enduro Standing Regulations and the ACU Safety Regulations to manage the risk of public access.

- e) Designated areas must be provided for rider support crews to prevent them from standing in hazardous locations.

PESR 6. Rider Helmets and Protective Clothing

As outlined in ESR 15, crash helmets must always be worn when riding a motorcycle, sidecar, or quad. Unless the helmet is manufactured with the camera as an intrinsic part, helmet cameras (including the helmet camera brackets) and cameras attached to the body are prohibited. Cameras attached to the machine are permitted.

Riders must also wear robust protective clothing that fully covers the arms, legs, and body, along with suitable protective boots and gloves.

PESR 7. Rider Briefings

All riders must be briefed on the venue's safety arrangements, including:

- a) The importance of riding in the appropriate group based on their ability.
- b) Safe procedures for entering and exiting the track.
- c) Any specific hazards on the course.
- d) Marshalling arrangements and machine recovery.
- e) Accident reporting and first aid procedures.
- f) How to respond to marshals' hand / flag signals and any additional safety signalling in place.

A dedicated briefing must be provided for riders who are new to the venue or participating in off-road riding for the first time.

PESR 8. Starting Procedures and Limiting Number of Riders on the Track

The number of riders on the track must be restricted as per the ACU Hare and Hounds Event Regulations:

- Adults: 45 riders per mile
- Youth and Juniors: 30 riders per mile

Guidance: While 45 riders per mile is permitted for adults, it is recommended to initially limit this to 40 riders per mile to allow for regrading if it is observed that riders are practicing in the incorrect class.

PESR 9. Marshalling

Sufficient static or travelling marshals must be provided, taking account of the length of the track and identified hazards. As per the Enduro Regulations, natural or man-made jumps with blind landings must have a static marshal positioned.

PESR 10. First Aid

Qualified First Aid personnel must be present with appropriate equipment, including a stretcher. Refer to the Medical Services section of the current ACU Handbook for further guidance